

Evaluation and Recommendation for

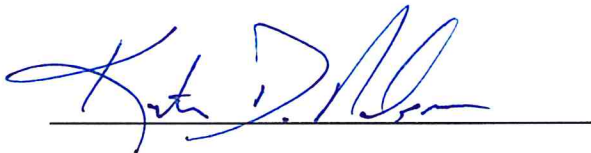
Re-Shaun Jones

Personal Trainer

August 14th, 2017

To whom it may concern:

I'm writing this letter as an evaluation and recommendation for my personal trainer, Re-Shaun Jones. I have been a client of Re-Shaun for several months, and was very pleased with what he has done to help me achieve my health goals. Re-Shaun is very attentive to individual needs, and he structures my exercises accordingly. The hour that I spent with Re-Shaun three times a week is tough yet fun. I always come away from our sessions tired, but it is also energizing to see the progress I have made towards my health and fitness goals. Re-Shaun motivates me. He helped me understand each exercise and the reasons for including it in our regimen. Re-Shaun is a great personal trainer, and I would highly recommend him to anyone who is serious about becoming healthier and more physically fit.

A handwritten signature in blue ink, appearing to read "Keith D. Nelson", is written over a horizontal line.

Keith D. Nelson